



BIO REPEEL PRE/POST CARE INSTRUCTIONS

PRE-CARE

-AVOID the following for 5-7 days before treatment:

- Laser Hair Removal
- Waxing
- Chemical Hair Removal Creams -Electrolysis
- Topical Retinoids -Tretinoin
- Other topical acids -any exfoliants

POST TREATMENT

(Until the skin is fully healed at 5-7 days) AVOID:

- ALL AHA's, BHA'S, Actives and RETINOL
- Laser hair removal, waxing, tanning beds, swimming and sauna's for 7 days.
- Retinoids (discontinue 7 days prior to BioRePeel, otherwise, some flaking and increased tingling may occur)

EXPECTATIONS

-We do not recommend doing your first peel within a week of a special event in the case that you have more flaking than ideal for events, since the biorepeel does not peel in sheets like some others peels you are fine to resume your regular social activities, just not important events in the case that your skin isn't at peak stage yet.

- BioRePeel has minimal to no downtime which means no excessive peeling will occur after a session, unlike most other TCA peels. However, it is normal for some people to experience slight skin shedding due to the accumulation of dead skin cells in a specific area that has been removed and stimulated.

-You will see tighter pores, more plump, and smoother skin! BioRePeel targets the dermis (medium depth of skin) with the goal of stimulating new skin growth and improving surface texture and appearance.

-Immediately after you may be slightly red which will subside with an hour or two.

- BioRePeel is completely safe for ALL skin types, tones and ages. BioRePeel is NOT photosensitive and can be used ALL YEAR ROUND. SPF is recommended.

- A series of 4 peels 7-10 days apart is recommended for optimum results

POST TREATMENT TIPS FOR OPTIMAL RESULTS

-Following the right aftercare procedure can help enhance the results of your BioRePeel treatment and minimize potential side effects. Here are some post-treatment instructions to keep in mind:

-Avoid Direct Sun Exposure: It is essential to shield your skin from direct sunlight for several days. For example you can go on a walk and workout but do not sit in the sun or sunbath. Consider it a crucial part of the recovery process, as if you're offering your skin a much-needed respite. Use a broad-spectrum sunscreen with a Sun Protection Factor (SPF) of no less than 30.

-Stay Hydrated: Keeping your skin hydrated aids in its recovery process.

Skincare Products: It's best to avoid harsh skincare products or treatments for a few days post-procedure. This includes products with high concentrations of retinol, glycolic acid, or salicylic acid.

-Do Not Pick or Scratch: You may experience some mild flaking or dryness after the treatment. It's crucial not to pick or scratch your skin during this time to avoid scarring or pigmentation issues.

CONTRAINDICATIONS (talk to your provider if you have any of the following)

- Active bacterial, viral, fungal or herpetic infection
- Open wounds
- Pre-existing inflammatory dermatosis (psoriasis, atopic dermatitis, pemphigus, etc.)
- Skin cancer, without being cancer free for a period of 3 years and direct written notice from physician
- Pregnancy or nursing
- History of drugs with photo-sensitizing potential
- Use of Accutane within the last 6 -8 months
- Underwent any kind of surgery and not fully recovered