

## PRX PEEL PRE & POST TREATMENT INSTRUCTIONS

## PRE-PEEL:

One week before your treatment avoid these products and/or procedures:

- Waxing
- Laser Hair Removal
- Patients who have had botox injections should wait until the full effect of their treatment is seen which is 2 weeks before receiving this treatment.

Two to three days before your treatment avoid these products and/or procedures:

- Any exfoliating products that may be drying or irritating
- Patients who have had medical cosmetic facial treatments or procedures (e.g. laser therapy, surgical
  procedures, cosmetic filler, microdermabrasion, etc) should wait until skin sensitivity completely resolves
  before receiving this treatment.
- Avoid any products containing retinol, alpha-hydroxy acid (AHA) or beta-hydroxy acid (BHA), or benzoyl
  peroxide
- Avoid saunas and steam rooms for 72 hours post-treatment.
- Use a gentle cleanser AM and PM for at least one week.
- Follow the WiQo skincare instructions to maximize your results and benefits, no use any other products besides the WiQo skincare that is complimentary with your package of 4 PRX peels that will be provided at your first visit.
- You will be able to resume all normal activities immediately following treatment (i.e. gym, makeup).
- Apply SPF 30+ every morning and every two hours throughout the day.
- Avoid the use of retinoids or other actives for 1 week, with the exception of the provided glycolic solution.

## POST CARE WiQo Home Care Product Instructions:

Day 1 (Day of treatment)

• Apply the WiQo Moisturizing Face Cream at night or earlier to help with dryness. The amount should be a fingerprint size and it should be massaged into the skin until fully absorbed.

Day 2 and beyond

- AM: Apply the WiQo Moisturizing Face Cream and an SPF.
- PM: Apply the WiQo Facial Smoothing Fluid, wait 30 minutes, and then apply the WiQo Moisturizing Face Cream.

For Body Day 2 and beyond

• Apply WiQo Smoothing Moisturizing Body Cream daily.