



Sclerotherapy Consent

Sclerotherapy is a popular method for eliminating unsightly veins and superficial telangiectasias ('spider veins') whereby a solution, called a 'sclerosing agent' is injected into the veins. This solution causes the inner wall, or lumen, of the blood vessel to become sticky and swollen, shutting it down. With the treated vein closed, local circulation is improved.

Results and Postoperative Care

- I will stay out of the sun and wear sun protection for a minimum of 2 weeks after the procedure.
- I will wear support stockings for 1 week. Routine walking after the procedure is encouraged. Avoid strenuous physical activities such as high impact aerobics or weight lifting for the first 48-72 hours.
- Avoid sitting or standing in one position for long periods of time. Avoid hot baths.

Risks and Complications Specific to Sclerotherapy

- Pain or redness
- Inflammation of the blood vessels
- Infection
- Superficial clots
- Cramping
- Bleeding
- Bruising
- Swelling locally or leg swelling
- Hives or itching
- Ulceration
- Very fine red matted vessels
- Scarring
- Incomplete removal or recurrence of treated vessels
- Changes in color of skin, either lighter or darker

